

Date: Nov. 9, 2020

BCC: Teamster Retirees, spouses, surviving dependents (and mailed to retirees with no email)

## Teamster Retiree 2021 Open Enrollment

NYPA's annual Retiree Open Enrollment period begins **Monday, Nov. 16 and ends on Nov. 30**. This is your opportunity to review your medical plan for 2021. As previously announced, the new benefits webpage at [www.nypa.gov/benefits/retirees](http://www.nypa.gov/benefits/retirees) has resources to support you during Open Enrollment, and is available year-round. In addition to the documents referenced in this notice, you can also find information about the Employee Assistance Program, retiree vendor contacts and more.

### Your Action Needed:

- Read the Change for 2021 below and the Benefit Summary Teamster Section on [www.nypa.gov/benefits/retirees](http://www.nypa.gov/benefits/retirees).
- No action is required.
- If you are dropping a dependent, complete the Retiree Change Form on the Forms section of [www.nypa.gov/benefits/retirees](http://www.nypa.gov/benefits/retirees). Email the completed form to [Retirees@nypa.gov](mailto:Retirees@nypa.gov) or mail to NYPA, 123 Main Street, White Plains, NY 10601, Attn: Benefits Dept. by **Nov. 30, 2020**.

### Change for 2021

Health care costs continue to increase at NYPA and across the country. Keeping health care costs under control is something you can help with by getting preventive care, using in-network providers, taking advantage of virtual doctor visits, and avoiding unnecessary emergency room trips.

### UnitedHealthcare (UHC) Medical Plan Change

- **Virtual Visits:** In response to COVID-19, virtual visits were added to the UnitedHealthcare (UHC) NYPA Plan for Teamster Retirees at \$0 copay through Dec. 31, 2020. Virtual visits allow you to talk with a health care provider 24/7 from the comfort of your home. The UHC virtual visit benefit is available through the following apps: Teladoc, American Well and Doctor on Demand. We will continue to offer virtual visits at a copay lower than a doctor's office, ER or urgent care visit, at \$15 per visit.

### Reminders:

- The medical plan election you make during open enrollment will remain in effect from Jan. 1, 2021, through Dec. 31, 2021. You may not change your election during the year unless you experience a qualifying event and notify HR Services within 30 days of the event.
- If you haven't already, please send your email address to: [Retirees@nypa.gov](mailto:Retirees@nypa.gov).

### Questions:

Email us at [Retirees@nypa.gov](mailto:Retirees@nypa.gov) or call HR Services at 914-287-3114